

A domestic abusive relationship does not always involve physical violence. Domestic abuse can include, but is not limited to, the following:

- Coercive control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)
- Psychological and/or emotional abuse
- Physical or sexual abuse
- Financial abuse
- Harassment and stalking
- Isolation
- Humiliation
- Forced Marriage

Domestic violence and abuse can take place regardless of age, class, ethnicity, lifestyle, religion or sexuality.

We are:



Swindon Women's Aid  
01793 610610

Swindon Women's Aid  
a registered charity:  
1175148



For further information on all our services visit our website at [www.swindonwomensaid.org](http://www.swindonwomensaid.org) or contact us on:

Telephone: 01793 610610  
Email: [office@swindonwomensaid.org](mailto:office@swindonwomensaid.org)  
Or you can write to us at:

Swindon Women's Aid  
P.O BOX 3816, Swindon SN5 1BQ

Other useful contacts:



24-hour National Domestic Violence Helpline:  
0808 2000 247



Public Protection Department (Police):  
01793 267161



Police (Non-emergency):  
101



Karma Nirvana - Honour based abuse and forced marriage:  
0808 5999 247



ManKind: (Weekdays 10am to 4pm)  
01823 334244



Galop (LGBT+):  
0800 999 5428



National Stalking Helpline:  
0808 802 0300



Samaritans:  
01793 537373



Sexual Assault Referral Centre:  
0808 168 0024

## Swindon Domestic Abuse Support Services

Supporting victims of Domestic Violence and Abuse above the age of 16 years old

We operate 365 days a year and 24 hours a day. Give us a call on:

**01793 610610**



## Refuge Accommodation

Swindon Women's Aid provides safe, emergency, temporary accommodation for women and their children who are experiencing domestic abuse. We have 22 self-contained flats to accommodate all families.

The refuge offers safety and support to women and children to overcome the negative impacts of living with abuse and to take control of their lives whilst gaining independence.

If you are a male escaping abuse, we can direct or assist you in accessing male only refuge accommodation.

## Domestic Violence and abuse is a crime. It is not your fault if it has happened to you.

Staff are available to provide advice, support, information and practical assistance if you require this. If you want advice or information or if you need emergency refuge accommodation please call our 24 hour helpline on: 01793 610610.

## Community Services Support

Our IDVA and Outreach Workers can provide support with individuals in the community. They can offer advice, safety planning, emotional and practical help to empower the victim/survivor to have a life free from domestic abuse.

## Remember in an emergency always call 999.

### How to make a referral to us:

There are a number of ways to access Swindon Women's Aid services. Agency and self-referrals can be made via telephone, email or through our website: [www.swindonwomensaid.org](http://www.swindonwomensaid.org)

You will need to complete our referral form, which includes a DASH risk assessment. This will enable us to establish your risk level. Once we received this referral, this will then be allocated to a worker who will make contact with you to discuss your individual safety and support needs.

## Health Services Support

We also provide a Health IDVA and Outreach service to Swindon GP surgeries and the Great Western Hospital. These services offer support to both staff and patients. Drop in's are offered at several GP's services and can be attended without prior appointment.

The support worker will work with you to look at options and support with your decisions; provide information, advice and guidance every step of the way. We can meet you at the GP surgery, GWH or the community.

### How to make a referral to us:

Any person who discloses domestic abuse to their GP, Nurse, Consultant or another health care professional can be referred to the Health IDVA and Outreach Service.

The Health IDVA and Outreach Workers can be contacted directly on:

SWA GP Health Service:  
07713567722

SWA GWH Health Service:  
07984455679